



and \_\_\_\_\_ (facility), located in the city of \_\_\_\_\_, and the state/country of \_\_\_\_\_.

Read this statement prior to signing it. You must complete this PADI Experience Programmes Medical Statement/Questionnaire, which includes the medical history section, to enrol in the PADI Experience Programmes. If you are a minor, you must have this PADI Experience Programmes Medical Statement/Questionnaire signed by a parent or guardian.

Scuba diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is safe. When established safety procedures are not followed, however, there are dangers. To scuba dive safely, you must not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with heart trouble, a current cold or congestion, epilepsy, asthma, a severe medical problem, or who is under the influence of alcohol or drugs, should not dive. If taking medication, consult your doctor before participating in this programme.

You will also need to learn from the instructor the important safety rules regarding breathing and equalisation while scuba diving. Improper use of scuba equipment can result in serious injury or death. You must be thoroughly instructed in its use under the direct supervision of a qualified instructor to use it safely.

### MEDICAL HISTORY/QUESTIONNAIRE

To the Participant:

The purpose of this medical history questionnaire is to find out if you should be examined by a doctor before participating in recreational scuba diving. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a pre-existing condition that may affect your safety while diving and you must seek the advice of a physician.

Please answer the following questions on your past and present medical history with a YES or NO. If you are not sure, answer YES. If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. Your instructor will supply you with a PADI Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to a physician.

- \_\_\_\_\_ Do you currently have an ear infection?
- \_\_\_\_\_ Do you have a history of ear disease, hearing loss or problems with balance?
- \_\_\_\_\_ Do you have a history of ear or sinus surgery?
- \_\_\_\_\_ Are you currently suffering from a cold, congestion, sinusitis or bronchitis?
- \_\_\_\_\_ Do you have a history of respiratory problems, severe attack of hayfever or allergies, or lung disease?
- \_\_\_\_\_ Have you had a collapsed lung (pneumothorax) or history of chest surgery?
- \_\_\_\_\_ Do you have active asthma or history of emphysema or tuberculosis?
- \_\_\_\_\_ Are you currently taking medication that carries a warning about any impairment of your physical or mental abilities?
- \_\_\_\_\_ Do you have behavioural health problems or a nervous system disorder?
- \_\_\_\_\_ Are you or could you be pregnant?
- \_\_\_\_\_ Do you have a history of colostomy?
- \_\_\_\_\_ Do you have a history of heart disease or heart attack, heart surgery or blood vessel surgery?
- \_\_\_\_\_ Do you have a history of high blood pressure, angina, or take medication to control blood pressure?
- \_\_\_\_\_ Are you over 45 and have a family history of heart attack or stroke?
- \_\_\_\_\_ Do you have a history of bleeding or other blood disorders?
- \_\_\_\_\_ Do you have a history of diabetes?
- \_\_\_\_\_ Do you have a history of seizures, blackouts or fainting, convulsions or epilepsy or take medications to prevent them?
- \_\_\_\_\_ Do you have a history of back, arm or leg problems following an injury, fracture or surgery?
- \_\_\_\_\_ Do you have a history of fear of closed or open spaces or panic attacks (claustrophobia or agoraphobia)?

The information I have provided about my medical history is accurate to the best of my knowledge.

Name \_\_\_\_\_

Address \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_  
Day/Month/Year

Parent/Guardian Signature (where applicable) \_\_\_\_\_ Date \_\_\_\_\_  
Day/Month/Year